

PSHE Jigsaw Curriculum Overview — Year 1

Omitted from the scheme are the following units: 'Changing Me' & 'Relationships'

Relationships

I can identify the members of my family and understand that there are lots of different types of families

I can identify what being a good friend means to me

I know appropriate ways of physical contact to greet my friends and know which ways I prefer

I know who can help me in my school community

I can recognise my qualities as person and a friend

I can tell you why I appreciate someone who is special to me

Changing Me

I am starting to understand the life cycles of animals and humans

I can tell you some things about me that have changed and some things about me that have stayed the same

I can tell you how my body has changed since I was a baby

I can identify the parts of the body that make boys different to girls and can use the correct names for these.

I understand that every time I learn something new I change a little bit

I can tell you about changes that have happened in my life