

# PSHE Jigsaw Curriculum Overview — Year 4

Omitted from the scheme are the following units: 'Changing Me' & 'Relationships'

## Relationships

I can identify the web of relationships that I am part of, starting from those closest to me and including those more distant

I can identify someone I love and can express why they are special to me

I can tell you about someone I know that I no longer see

I can explain different points of view on an animal rights issue

I understand how people feel when they love a special pet

I know how to show love and appreciation to the people and animals who are special to me

## Changing Me

I understand that some of my personal characteristics have come from my birth parents

I know how the circle of change works and can apply it to changes I want to make in my life

I can identify changes that have been and may continue to be outside of my control that I learnt to accept

I am confident enough to try to make changes when I think they will benefit me

I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively

I can identify what I am looking forward to when I am in Year 5