

Today I'm feeling...

Unhappy

Sad

Upset

Gloomy

Miserable

Glum



Today I'm feeling...

Calm

Peaceful

Quiet

Still

Relaxed

Content



Today I'm feeling...

Cross

Annoyed

Angry

Furious

Frustrated

Bad Tempered



Today I'm feeling...

Caring

Loving

Friendly

Supportive

Affectionate

Helpful



Today I'm feeling...

Nervous

Scared

Fearful

Anxious

Unsure

Apprehensive



Today I'm feeling...

Positive

Happy

Cheerful

Smiley

Jolly

Delighted



Today I'm feeling...

Mixed up

Confused

Unsure

Muddled

Unclear

Bewildered

