#  <br> Design Technology 

## DT Progression

## Knowledge/ Skills

Substantive - Practical Knowledge, Substantive - Theoretical Knowledge and Disciplinary Knowledge: How experts have expressed quality and value throughout history

|  | Nursery | Reception | Year 1 | Year 2 |
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| Structures |  |  |  |  |
| Design | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Use their imagination as they consider what they can do with different materials. <br> - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Develop their own ideas and then decide which materials to use to express them. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | - Recognise the importance of a clear design criteria. <br> - Select and include individual preferences and requirements in a design. | - Design and describe ideas using sketching and modelling. <br> - Compare different types of structures, found in the natural world and in everyday objects. |
| Make | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Make simple models which express their ideas. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. | - Make stable structures from card, tape and glue. <br> - Sequence and follow instructions to cut and assemble the supporting structure of a windmill. <br> - Make functioning turbines and axles which are | - Make a structure to match a design criteria. <br> - Make joints and structures from paper/card and tape. |


|  | - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Make imaginative and complex 'small worlds' with blocks and construction kits, such as a city with different buildings and a park. <br> - Build with a range of resources. <br> - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. <br> - Develop manipulation and control. <br> - Explore different materials and tools. | - Select, rotate and manipulate shapes in order to develop spatial reasoning skills. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | assembled into a main supporting structure. |  |
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| Evaluate | - Use their imagination as they consider what they can do with different materials. <br> - Develop their own ideas and then decide which materials to use to express them. <br> - Use a wider range of vocabulary <br> - Notice and correct an error in a repeating pattern. | - Return to and build on their previous learning, refining ideas and developing their ability to represent them. <br> - Share their creations, explaining the process they have used. <br> - Select, rotate and manipulate shapes in order to develop spatial reasoning skills. | - Evaluate a windmill according to the design criteria, testing whether the structure is strong and stable and altering it if it isn't. <br> - Identify points for improvements. | - Observe the features of structures. <br> - Compare the stability of different shapes. <br> - Identify the strength of my own structure. <br> - Identify the weakest part of a structure. <br> - Evaluate the strength, stiffness and stability of my own structure. |


| Technical Knowledge | - Respond to what they have heard, expressing their thoughts and feelings. <br> - Repeat actions that have an effect. <br> - Use a wider range of vocabulary <br> - Explore materials with different properties. <br> -Explore natural materials, indoors and outside. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. | - Describe the purpose of structures, including windmills. <br> - Identify and turn 2D nets into 3D structures. <br> - Recognise that the shape of materials can be changed to improve the strength and stiffness of structures. <br> - Demonstrate understanding that cylinders are a strong type of structure that are often used for windmills and lighthouses. <br> - Describe how windmill turbines use wind to turn and make the machines inside work. <br> - Recall that axles are used in structures and mechanisms to make parts turn in a circle. <br> - Describe the different purposes of different structures. | -Identify natural and manmade structures. <br> - Compare the stability of different structures. <br> - Recall that shapes and structures with wide, flat bases or legs are the most stable. <br> - Demonstrate understanding that the shape of a structure affects its strength. <br> - Select and use the correct vocabulary: strength, stiffness and stability. <br> - Describe how different materials can be changed to improved strength and stiffness. <br> - Make a strong and stiff structure by folding paper. |
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| Mechanisms |  |  |  |  |
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| Design | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Use their imagination as they consider what they can do with different materials. <br> - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Develop their own ideas and then decide which materials to use to express them. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | - Give reasons about how to adapt mechanisms, using bridges or guides to control the movement. <br> - Design a moving story book for a given audience. <br> - Design a vehicle that includes wheels, axles and axle holders, which will allow the wheels to move. <br> - Make clearly labelled drawings which show movement. | - Select design criteria (as <br> a class) for a moving character. <br> - Design a moving character for a specific audience, matching the design criteria. <br> - Select a linkage system to create the correct motion. <br> - Design a wheel. <br> - Speculate about the best materials based on their properties. |
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| Make | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Make simple models which express their ideas. <br> - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Make imaginative and complex 'small worlds' with blocks and construction kits, such as a city with different buildings and a park. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Select, rotate and manipulate shapes in order to develop spatial reasoning skills. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | - Sequence and follow a design to create moving models that use levers and sliders. <br> - Adapt mechanisms. | - Make linkages using card for levers and split pins for pivots. <br> - Adapt the widths, lengths, and thickness of card used for linkages. <br> - Demonstrate understanding_of cutting and assembling components neatly. <br> - Select materials according to their properties. <br> - Observe and follow a design brief. |


|  | - Build with a range of resources. <br> - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. <br> - Develop manipulation and control. <br> - Explore different materials and tools. |  |  |  |
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| Evaluate | - Use their imagination as they consider what they can do with different materials. <br> - Develop their own ideas and then decide which materials to use to express them. <br> - Use a wider range of vocabulary <br> - Notice and correct an error in a repeating pattern. | - Return to and build on their previous learning, refining ideas and developing their ability to represent them. <br> - Share their creations, explaining the process they have used. <br> - Select, rotate and manipulate shapes in order to develop spatial reasoning skills. | - Test a finished product, seeing whether it moves as planned and if not, give reasons why and how it can be fixed. <br> - Evaluate the success of a product by testing it with its intended audience. <br> - Test mechanisms, identifying what stops wheels from turning. <br> - Recall that a wheel needs an axle in order to move. | - Evaluate my own designs against design criteria. <br> - Use peer feedback to adapt my final design. - Evaluate different designs. |
| Technical Knowledge | - Respond to what they have heard, expressing their thoughts and feelings. <br> - Repeat actions that have an effect. <br> - Use a wider range of vocabulary | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. | - Recall that levers and sliders are mechanisms and can make things move. <br> - Identify whether a mechanism is a lever or slider and determine what movement the mechanism will make. | - Recall what a mechanism is. <br> - Identify the input and output in a mechanism. <br> - Identify mechanisms in everyday objects. <br> - Recognise that a lever is something that turns on a |


|  | - Explore materials with different properties. - Explore natural materials, indoors and outside. |  | - Select and use the correct vocabulary: up, down, left, right, vertical and horizontal to describe movement. <br> - Identify what mechanism makes a toy or vehicle roll forwards. <br> - Recall that for a wheel to move it must be attached to an axle. | pivot. <br> - Recall what a linkage is. <br> - Observe wheel mechanisms. <br> -Summarise how axels help wheels to move a vehicle. |
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| Textiles |  |  |  |  |
| Design | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Use their imagination as they consider what they can do with different materials. <br> - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Develop their own ideas and then decide which materials to use to express them. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | - Observe and use a template to create a design for a puppet. | - Design a pouch. |
| Make | - Explore different materials, using all their senses to investigate them. | - Create collaboratively sharing ideas, resources and skills. | - Select and cut fabric neatly with scissors. <br> - Select and use joining | - Select and cut fabrics for sewing. <br> - Select and use fabric |


|  | - Manipulate and play with different materials. <br> - Make simple models which express their ideas. <br> - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Make imaginative and complex 'small worlds' with blocks and construction kits, such as a city with different buildings and a park. <br> - Build with a range of resources. <br> - Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. <br> - Develop manipulation and control. <br> - Explore different materials and tools. | - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Select, rotate and manipulate shapes in order to develop spatial reasoning skills. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | methods to decorate a puppet. <br> - Sequence steps for construction. | glue or a running stitch. |
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| Evaluate | - Use their imagination as they consider what they can do with different materials. <br> - Develop their own ideas and then decide which materials to use to express them. <br> - Use a wider range of vocabulary | - Return to and build on their previous learning, refining ideas and developing their ability to represent them. <br> - Share their creations, explaining the process they have used. <br> - Select, rotate and manipulate shapes in order to | -Reflect on a finished product, giving reasons about my likes and dislikes. | - Speculate to solve problems suggested by the teacher. <br> - Evaluate the quality of stitching on others' work. <br> - Identify the success of my stitching against a success criteria. |


|  | - Notice and correct an error in a repeating pattern. pattern. | develop spatial reasoning skills. |  | - Identify what I like in my peers' work, and give reasons why. |
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| Technical Knowledge | - Respond to what they have heard, expressing their thoughts and feelings. <br> - Repeat actions that have an effect. <br> - Use a wider range of vocabulary <br> -Explore materials with different properties. <br> -Explore natural materials, indoors and outside. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. | - Describe different ways in which to join fabrics together: pinning, stapling, gluing. | - Select fabric glue or stitching to join fabrics and identify the benefits of each technique. <br> - Select and thread a needle. <br> - Recognise and sew a running stitch with evenly spaced, neat, even stitches to join fabrics. <br> - Select, pin and cut fabric neatly using a template. |
| Cooking and Nutrition |  |  |  |  |
| Design | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Use their imagination as they consider what they can do with different materials. <br> - Explore different materials freely, in order to develop | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. |  | - Design a healthy snack based on food combinations which work well together. |


|  | their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Develop their own ideas and then decide which materials to use to express them. <br> - Try a wider range of foods with different tastes and textures. |  |  |  |
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| Make | - Explore different materials, using all their senses to investigate them. <br> - Manipulate and play with different materials. <br> - Make simple models which express their ideas. <br> - Explore different materials freely, in order to develop their ideas about how to use them and what to make. <br> - Join different materials and explore different textures. <br> - Make imaginative and complex 'small worlds' with blocks and construction kits, such as a city with different buildings and a park. <br> - Build with a range of resources. <br> - Select and use activities and resources, with help when needed. This helps them to achieve a goal they | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. <br> - Select, rotate and <br> manipulate shapes in order to develop spatial reasoning skills. <br> - Use a range of small tools, including scissors, paintbrushes and cutlery. | - Select the correct tools and grip to chop fruit and vegetables safely. <br> - Identify if a food is a fruit or a vegetable. <br> - Recall where and how fruits and vegetables grow. | - Select the correct tools and grip to slice food safely. <br> - Make a snack that meets a design brief. |


|  | have chosen, or one which is suggested to them. <br> - Develop manipulation and control. <br> - Explore different materials and tools. |  |  |  |
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| Evaluate | - Use their imagination as they consider what they can do with different materials. <br> - Develop their own ideas and then decide which materials to use to express them. <br> - Use a wider range of vocabulary <br> - Notice and correct an error in a repeating pattern. <br> - Try a wider range of foods with different tastes and textures. | - Return to and build on their previous learning, refining ideas and developing their ability to represent them. <br> - Share their creations, explaining the process they have used. <br> - Select, rotate and manipulate shapes in order to develop spatial reasoning skills. <br> Use a range of small tools, including scissors, paintbrushes and cutlery. | - Taste and evaluate different food combinations. <br> - Describe appearance, smell and taste. <br> - Select information to be included on packaging. | - Describe the taste, texture and smell of fruit and vegetables. <br> - Evaluate food combinations and final products by taste testing. <br> - Describe the information that should be included on a label. <br> - Evaluate which grip was the most effective. |
| Technical Knowledge | - Respond to what they have heard, expressing their thoughts and feelings. <br> - Repeat actions that have an effect. <br> - Use a wider range of vocabulary <br> -Explore materials with different properties. <br> - Explore natural materials, indoors and outside. | - Create collaboratively sharing ideas, resources and skills. <br> - Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function. | Compare and contrast the difference between fruits and vegetables. <br> - Describe and classify fruits by texture and taste. | - Describe what makes a balanced diet. <br> - Identify where to find the nutritional information on packaging. <br> - Recall the five food groups. |


|  | Year 3 | Year 4 | Year 5 | Year 6 |
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| Structures |  |  |  |  |
| Design | - Design a castle with key features to appeal to specific person and purpose. <br> - Describe my drawing using 2D shapes, labelling: 3D shapes that will create the features, materials needed, colours. | - Design a stable pavilion structure that is aesthetically pleasing. <br> - Select materials to create a desired effect. <br> - Design a frame structure to support weight. | - Design a stable structure that can support weight. <br> - Design a frame structure with a focus on triangulation. | - Design a playground with <br> a variety of structures. <br> - Come to informed conclusions about effective and ineffective designs. |
| Make | - Make a range of 3D geometric shapes using nets. <br> - Select special features for individual designs. <br> - Make facades from a range of recycled materials. | - Make a variety of frame structures, including free standing, and different shapes and sizes. <br> - Select appropriate materials to build a strong structure and for the cladding. <br> - Make reinforced corners. <br> - Make different textural effects with materials. | - Make a range of beam bridges. <br> - Apply knowledge of triangles to create truss bridges that meet specific requirements. <br> - Make a wooden bridge structure. <br> - Apply my skills to measure and mark wood accurately. <br> - Select appropriate tools and equipment. <br> - Apply and use the correct techniques to saws. <br> - Identify where a structure needs reinforcement and use card corners for support. | - Make a range of play apparatus structures by using new and prior knowledge. <br> - Make a range of structures by measuring, marking and cutting wood. <br> - Apply knowledge of materials to reinforce and add decorations to structures. |


| Evaluate | - Evaluate my own and others' work based on aesthetics. <br> - Compare the finished product to the original design. <br> - Recognise and suggest points to modify individual designs. | - Evaluate structures made by my class. <br> - Describe which <br> characteristics of a design and construction make it the most effective. <br> - Use reasoned judgements <br> to consider effective and ineffective deigns. | - Adapt and improve my own bridge structure by reinforcing points of weakness. <br> - Critique and suggest improvements. | - Modify and improve a design plan based on peer evaluations. <br> - Modify a design by continuously testing it. <br> - Articulate what makes a successful structure. |
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| Technical Knowledge | - Identify features of a castle. <br> - Identify and select suitable materials, considering weight, compression and tension. <br> - Explain that wide and flat based objects are more stable. <br> - Select and use the vocabulary: strut, tie, span, beam. <br> - Compare and explain the difference between frame and shell structures. | - Recall what pavilions are and their purpose. <br> - Develop my understanding of net and frame structures. <br> - Recognise that architects consider light, shadow and patterns when designing. <br> - Demonstrate <br> understanding of frame and shell structures. | - Develop my understanding of strong beams. <br> - Identify arch and beam bridges. <br> - Select and use the vocabulary compression and tension. <br> - Compare the strength of structures. <br> - Demonstrate understanding of ways to reinforce structures. <br> - Explain how triangles can be used to reinforce bridges. <br> - Articulate the difference between beam, arch, truss and suspension bridges.. | - Recall how structures can be strengthened. <br> - Identify the shell structure in everyday life. <br> - Classify man-made and natural structures. |
| Mechanisms |  |  |  |  |
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| Design | - Design a toy which uses a pneumatic system. <br> - Develop a design criteria from a design brief. <br> - Use thumbnail sketches and exploded diagrams to explain my ideas clearly. | - Design a shape that reduces air resistance. <br> - Design a net to create a structure from. <br> - Select shape that increase or decrease speed. <br> - Modify and personalise a design. | - Design a range of popup structures and mechanisms. <br> - Identify the mechanisms, input and output. <br> - Use storyboarding when designing a product. | - Demonstrate understanding of cams. <br> - Design an automata toy based on a choice of cam to create desired movements. <br> - Explain how linkages work. <br> - Design mechanisms that make things move at the same time. |
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| Make | - Make a pneumatic system to create a specific motion. <br> - Make secure housing for my pneumatic system. <br> - Select and use syringes and balloons to create different types of pneumatic systems, making a functional and appealing toy. <br> - Select materials based on their functional and aesthetic characteristics. <br> - Manipulate materials to create different effects by cutting, creasing, folding and weaving. | - Make a model by measuring, marking, cutting and assembling with accuracy. <br> - Make a model based on a chosen design. | - Sequence and follow a design brief accurately. <br> - Make mechanisms and structures using sliders, pivots and folds for movement. <br> - Apply knowledge of aesthetics to hide mechanisms. | - Make a model by measuring, marking and cutting components accurately, checking the accuracy of jelutong and dowel pieces. <br> - Make a stable frame <br> - Demonstrate understanding of frames. <br> - Select appropriate materials based on joining techniques and the setting speed of glue . |
| Evaluate | - Synthesise the_views of | - Evaluate the speed of a final | - Evaluate and suggest | - Evaluate the work of |


|  | others to improve my designs. <br> - Test and modify products, suggesting improvements. | product based on the shape and the accuracy of workmanship. | improvements. | others and receive feedback. <br> - Apply points of improvements. <br> - Articulate the changes I would do if repeating the project. |
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| Technical Knowledge | - Explain how pneumatic systems work. <br> - Recall that mechanisms are systems of parts that work together to create motion. <br> - Recognise how pneumatic systems can be used as part of a mechanism. <br> - Explain how pneumatic systems use air to create movement. | - Recognise that products change over time. <br> - Recall that all moving things have kinetic energy. <br> - Explain what kinetic energy is. | - Explain 'input' and 'output'. <br> - Recall that mechanisms control movement. <br> - Describe mechanisms that change motion. | - Apply knowledge and use a bench hook to saw safely and effectively. <br> - Explore cams, making links between shapes and movements. <br> - Explore types and directions of motion. |
| Electrical Systems |  |  |  |  |
| Design | - Design a game that works using static electricity, including a sequence of instructions. <br> - Identify a design criteria and a target audience. | - Design a torch, considering the target audience. <br> - Select and create design and success criteria focusing on features of individual design ideas. | - Design an electronic greetings card. <br> - Create a labelled design, showing positive and negative parts in relation to the LED and battery. | - Design a steady hand game from three different perspectives. <br> - Identify and name the required components. <br> - Design prototypes to model my ideas. |


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| Make | - Make an electrostatic game, referring to a design criteria. <br> - Select and use a wide range of materials and equipment safely. <br> - Make electrostatic energy to move objects in isolation as well as in part of a system. | - Make a torch with a working electrical circuit and switch. <br> - Select and use appropriate equipment to cut and attach materials. <br> - Sequence and follow design and success criteria when assembling my torch. | - Make a working electrical circuit. <br> - Apply a design criteria. <br> - Articulate different components of the circuit. | - Make electromagnetic motors, modifying the motor to improve its function. <br> - Make a stable base . <br> - I can make my game by accurately cutting, folding and assembling a net. <br> - Demonstrate understanding of decorations. <br> - Make and test a circuit, incorporating it into my base. |
| Evaluate | - Use reasoned judgements to provide constructive criticism on my own work and the work of others. <br> - Make informed conclusions about a product, using the original design criteria. | - Use evaluate electrical products. <br> - Test and evaluate the success of a final product. <br> - Modify final products based on the work of my peers. | - Evaluate against an original design. <br> - Modify final products to improve reliability, aesthetics or to include a different electronic device. | - Test and evaluate <br> finished games. <br> - Articulate what went well and ways to improve. |
| Technical Knowledge | - Explain what static electricity is and how it moves objects. <br> - Demonstrate | - Explain how electrical items work. <br> - Identify electrical products. <br> - Explain how batteries work. | - Identify the key components of a circuit. <br> - Explain the use of graphite in a circuit. | - Explain how electromagnetic motors work. <br> - Explain the dangers of |


|  | understanding_by <br> generating static electricity on my own. <br> - Manipulate static electricity to make objects move in a desired way. | - Identify the features of a torch. <br> - Compare different torches, using reasoned judgements to decide on the positives and negatives. | - Compare series and parallel circuits. <br> - Explain what happens when a circuit breaks. | batteries . <br> - Select and use the vocabulary magnetic field. |
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| Textiles |  |  |  |  |
| Design | - Design and make a template from an existing cushion, applying individual design criteria. | - Write a design criteria for a product, explaining the decisions I make. <br> - Design a personalised book sleeve. | - Design a stuffed toy. <br> - Apply knowledge of component proportions. | - Justify my designs through specification that link. to design criteria and a specific theme. <br> - Design a waistcoat. <br> - Articulate my design through annotations. |
| Make | - Sequence and follow a design criteria to create a cushion. <br> - Select and cut fabrics. <br> - I can select and use cross stitch to join fabric. <br> - Select and use applique to decorate fabrics. <br> - Make and complete design ideas with stuffing and sewing the edges. | - Make and test a paper template with accuracy and considering the design criteria. <br> - Make my product by measuring, marking and cutting fabric using a paper template. <br> - Select a stitch style to join fabric, working neatly and sewing small stitches. <br> - Select a fastening for my design. | - Make a 3D stuffed toy from a 2D design. <br> - Apply knowledge to measure, mark and cut fabric. <br> - Make strong and secure blanket stitches. <br> - Select and use applique. | - Make and use template pinning panels onto fabric. <br> - Make my design by marking and cutting fabric accurately. <br> - Make and sew a strong running stitch. <br> - Make and tie strong knots. <br> - Make and decorate my waistcoat, attaching objects using thread and secure fastenings. |


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| Evaluate | - Evaluate an end product, thinking of ways to create similar items. | - Test and evaluate an end product against the original design criteria. <br> -Use reasoned judgements <br> to decide how many of the criteria need to be met. <br> - Suggest ways to modify and improve a product. | - Test and evaluate an end product. <br> - Suggest ways to modify and improve a product. | Test and evaluate work continually. |
| Technical Knowledge | - Select and thread a needle on my own. <br> - Select and tie knots on my own. <br> - Select and sew cross stitch and use applique. <br> - Recognise the need to count the thread on a piece of weave fabric in each direction. <br> - Describe how fabrics can be layered for affect. | - Recall the different types of fastenings. <br> - Explain the benefits and disadvantages of different fastening types. | - Apply knowledge of blanket stitches to join fabric with even spacing. <br> - Apply knowledge of threading needles independently. | - Apply different decorative stitches. - Apply different sewing techniques, ensuring accuracy and even stitches |
| Cooking and Nutrition |  |  |  |  |
| Design | - Design a health and nutritious recipe using seasonal ingredients, considering taste, texture, | - Design a product within a given budget, recalling previous taste testing. | - Adapt a traditional recipe. <br> - Explain how nutritional values will change. <br> - Modify the method based | - Articulate key steps, methods and ingredients when writing a recipe. <br> - Apply research to include |


|  | smell and appearance. |  | on new ingredients. <br> - Design an appealing packaging based on the recipe. | facts and drawings in my recipe. |
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| Make | - Demonstrate understanding of how to avoid food contamination, preparing myself and my work space to cook safely in. <br> - Sequence and follow instructions within a recipe. | - Sequence and follow a baking recipe. <br> - Demonstrate understanding of how to cook safely, following basic hygiene rules. <br> - Adapt a recipe. | - Apply knowledge of cutting and preparing vegetables safely. <br> - Apply knowledge of equipment, including knives, hot pans and hobs. <br> - Apply knowledge of cross contamination. <br> - Follow a method to make a recipe. | - Sequence and follow a recipe, using the correct quantities of each ingredient and working to a given timescale. <br> - Demonstrate understanding_of how to cook safely and hygienically. <br> - Adapt a recipe based on research. |
| Evaluate | - Use design criteria to test and evaluate dishes. <br> - Describe the benefits of seasonal vegetables and the impact on the environment. <br> - Explain points for improvement when making a seasonal meal. | - Evaluate a recipe, considering: taste, smell, texture and appearance. <br> - Describe the impact of the budget on the selection of ingredients. <br> - Evaluate and compare a range of products. <br> - Suggest ways to modify the recipe. | -Identify the nutritional differences between products and recipes. <br> - Articulate health benefits of food groups. | Evaluate a recipe, considering: taste, smell, texture and origin of the food group. <br> - Evaluate and compare a final products by taste testing. <br> - Suggest and ways to modify the recipe, articulating improvements in writing. <br> - Evaluate health and |


|  |  |  |  | safety in production to minimize cross contamination. |
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| Technical Knowledge | - Recognise that climate affects food growth. <br> - Select and use cooking equipment safely and hygienically. <br> - Recognise that imported foods travel from far away and this can have a negative impact on the environment. <br> - Recall which vegetables and fruit grow in different seasons. <br> - Compare the nutritional benefits of different fruit and vegetables. <br> - Select, use, store and clean a knife safely. | - Recognise the impact of cost and the importance of budgeting while planning. <br> - Recognise the environmental impact on future products and the cost of production. | - Recall where food comes from and how it is processed. <br> - Explain what a balanced diet includes. <br> -Modify a recipe to make it healthier. <br> - Compare two adapted recipes and identify the healthier option using a nutritional calculator. | - Apply research skills to find recipes by ingredient. <br> - Identify and record <br> ingredients and equipment. <br> - Demonstrate <br> understanding of <br> complimentary food combinations. <br> - Demonstrate understanding of where food comes from, describing the 'Farm to Fork' process for a given ingredient. |

