



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Wholemeal Cheese & Tomato Pizza (V) Sweetcorn	Chicken Balti (H) 50/50 Rice Naan Bread	Roast Chicken Dinner (H) Roast Potatoes Yorkshire Pudding Veg of the day	Meat and Potato Pie(H) Veg of the day Beetroot Gravy	Omega 3 Fish Fingers, Wedges and Peas
Main 2	Tomato Pasta Bake (V) Sweetcorn	Quorn Biryani (V)	Quorn Fillet (V) Roast Potatoes Veg of the day	Quorn Sausages (V) Creamed Potato Peas	Quorn Burger(V) Wedges Peas
Jackets	Jacket Potato with tuna Served with salad.	Jacket Potato with cheese and beans Served with salad.	Jacket Potato with tuna Served with salad.	Jacket Potato with cheese Served with salad.	Fish Pie Peas
Desserts	Chocolate Sponge & Chocolate sauce Fruit Yoghurt	Fruit Mousse Fruit Yoghurt	Ice-cream Fruit Yoghurt	Sponge and Custard Fruit Yoghurt	Fruit Crumble & Custard Fruit Yoghurt